



# PROBEMJAL Learning without borders

# SCULPT YOUR FUTURE Cold Porcelain Workshop







### **SYNOPSIS**

"Sculpt Your Future" is a workshop for teenagers to embark on a self-expedition and guide their future.

With the help of cold porcelain, they can sculpt themselfs the way they think they will look in the future; either with a family, in an office or even on a soccer field!

Cold porcelain is much more than a material for creating figures; it is an open window into your deepest dreams and aspirations. It invites you to capture in each piece not only what you see, but also what you feel and dream. It is an opportunity to express your emotions, family ties, professional goals and personal desires in a unique and tangible way. Each shape that porcelain takes is a reflection of your interior, an opportunity to explore and share who you are and what you want in life. So, young creators, let cold porcelain be your canvas to express your heart and your dreams!

This workshop teaches you to create dough for cold porcelain, in addition to guiding them in sculpting themselves and creating a model to decorate your person.



# **Intellectual property:**

A) The content of this material represents the intellectual property of the designers of the content of this workshop.

B) The design of the workshop was designed to meet the needs of teachers of basic education in the state of Jalisco, who, within the framework of the Mexico-United States Teacher Exchange Program, need to acquire educational tools, from an approach that makes visible the needs, characteristics and contexts in which binational migrant students develop in coordination with PROBEM JALISCO and the entire migrant population.

# Authors and design:

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**Craft:** In this workshop you will learn how to make cold porcelain and develop skills that are necessary in a person's day to day, such as using scissors and cutter, or painting. Another important thing is that crafts help to develop creativity, facilitate the realization of an idea.

**Life Plan:** It is an extremely important issue because it is about the formation of an individual. All that will be done in life is around your life plan and it is better to have it well planned for it to be realized.

**Have Fun:** The value of fun and recreation is fundamental. With this workshop you can learn the logistics of life without getting bored.

**Formal Knowledge:** Reinforce knowledge of subjects such as: Geography, Civic Education and Language.

### **Values to Promote**

**Freedom:** Each person has complete freedom of what he wants to do with his life. We want to make it clear that they can choose the path they want as long as the obligations of society are fulfilled.

**Responsability**: By thinking of an idea, a path, the young person takes responsibility for making it happen.

**Loyalty:** When considering a guide to the future, you must be faithful and endure adversities that may arise, so that the life plan is fulfilled.

**Security:** Both teacher and student have the responsibility to ensure their life plan. On one hand, the teacher must give the young person security so that he does not become discouraged and carry out his life plan in a good way. On the other hand, the student must secure his plan by taking every firm step.

# Sculpt your future

### What is it about?

In this workshop you will learn to make cold porcelain, which is a putty like clay that with only air can harden in 24 hours.

They will have a moment of reflection to think about their life plan and they will shape it with a model in which they will be sculpted in the way they look in the future. In addition, they will make you a diorama in which your "me" of the future will develop.

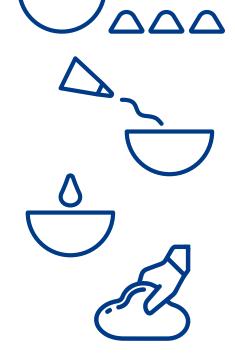
Let's get started!

### **Materials**

- Flour......2 tablespoons
- Salt.....1 tablespoons
- Cardboard......12 in. x 12 in.
- Water.....250 ml
- White glue.....50 ml
- Mixing bowl
- Spoon
- Toothpicks
- Acrylic paints
- Brushes

### **Cold Porcelain**

- Mix in a bowl two tablespoons of flour and a salt.
- Add a squirt of white glue to the mix.
- Gradually pour tablespoons of water and mix until homogeneous.
- 4 Knead until it is manipulable.



If it is sticky, add a little flour and if it is dry, add a little water.

# **Sculpt Yourself!**

By this point, they must already have an idea of what they want for their future. It's time to shape it with the help of cold porcelain. You will soon be shown how to make a base figure for yourself.







Take a little more and mold the body starting with a rectangular figure. Then incert half a toothpick on top of the body to attach the head.





With more dough, mold the legs, leaning on the table to roll the dough. Set a toothpick on each leg to give it structure. And then, with the help of another toothpick per leg, attach them to the body.







The same way as the legs, do the arms and join them to the body.







Don't forget to put hands and feet. You can make these by forming balls for your hands and longer ones for your feet. You can join them with another piece of toothpick.





For the hair, let your imagination run and help yourself with a toothpick to mold it on the head. You can place a thin piece of dough and form it on the head, or make many thin strips and stick them on the head.









With little water and a toothpick you can join all the parts of the body, giving slight touches between the pieces until you see how the putty is joined.

To dress your sculpture you can also use all the imagination you have, some options are:

- Model it from the beginning on the body. Sculpt it dressed.
- Model it apart and adapt it to the body gradually. You can sculpt that one or you could even make it with fabric and when you finish your figure, dress it.
- You can also simply paint it over your finished figure.

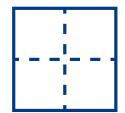
Don't forget to put a face on it!



### Diorama

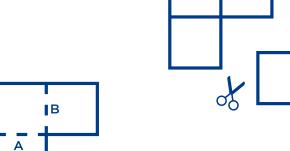
Now that you have your "future me" finished, continue to accommodate it in your future workspace or place where you will live or wherever you see yourself in the future.

With pencil and ruler divide the cardboard in squares of 12 in. x 12 in.



2 Cut 1 of the squares off.





Put glue on the lines A and B.

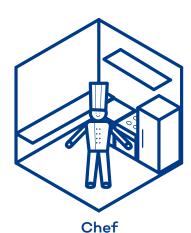


Glue the sides of the faces that you lifted.



You can decorate your space by modeling things with the putty, drawing on walls, trimming and gluing cardboard or whatever you have at hand, just remember to use your imagination.







# Bibliography

Some paragraphs used in this activity were generated by intelligence of ChatGPT. These were then revised and adapted so that they had better sense and a better orientation to the didactic activity carried out.

ChatGPT. (s/f). Openai.com. Recuperado el 27 de febrero de 2024, de https://chat.openai.com/auth/login

The recipe for cold porcelain was based on the recipe of:

Como Hacer Arcilla Casera Fácil | DIY Porcelana Fria. (2017, junio 14).